

Amesbury Public Schools Distance Learning

Dear Parents,

As the administration continues to plan to meet the needs of students during school closure, we thought to share some tips and resources to help assist you at home. We will continue to update this page to help keep your children stay mentally and academically engaged.

Establish a routine

Try and establish and stick to a routine as much as possible. Students need the structure and thrive when they know what to expect. Try and work with your younger students in the early morning when they are awake and focused. Older students are more focused in the later morning. Staggering times allow for more attention to each. Be sure students get the opportunity to be outside (while maintaining appropriate social distance).

Example of a schedule:

Here is an example (rough) schedule. Obviously, you will modify this to meet the needs of your family.

7-9am: Wake up, have breakfast

9am-11am: Learning / work time

11am-1:30pm: Lunch/Outside time

1:30pm-2:30pm: Afternoon learning / work time

2:30-4:00pm: Long walk outside / outdoor play with siblings

4:00-8:00pm: Make dinner with family, spend time with family, help with siblings, complete other chores and responsibilities. Follow your typical family routine.

Be realistic

These are unprecedented times! These sources are meant to provide engaging activities for your children. We recognize there will be some days where you will not be able to “homeschool” your child. We also recognize that this is an excellent opportunity for creativity; teach your child how to sew, cook, crafts- let your child lead with their interests! Hopefully our sources will help spark their imagination

Below you will find some useful resources:

Digital Resources for Parents

k-4	5-8	9-12
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<p style="text-align: center;">Pre-K-K</p> <p>Mo Willems Daily Doodle https://www.youtube.com/watch?v=MjaYnyCJDdU</p> <p>Pinterest Pre-K -K Activities https://www.pinterest.com/teachpreschool/pre-k-pages-activities/</p> <p>Childhood 101 (awesome booklists!) https://childhood101.com/</p> <p>PBS Learning Media https://www.pbslearningmedia.org/</p>		
<p style="text-align: center;">1st grade</p> <p>PBS Learning Media https://www.pbslearningmedia.org/</p> <p>Mystery Science https://mysteryscience.com/</p> <p>Time Magazine for Kids (translates into Spanish or audio) https://www.timeforkids.com/k1/</p> <p>Curriculum Corner https://www.thecurriculumcorner.com/</p> <p>Fluency Activities to Exercise the Brain and Body https://www.healthline.com/health/mental-health/brain-exercises</p> <p>Scholastic at Home https://www.scholastic.com/teachers/teaching-tools/articles/resources/scholastic-learn-at-home--free-resources-for-school-closures.html#</p> <p>Tumble Books (This requires downloading an app, directions to do this:) https://www.youtube.com/watch?v=nV3ui7mr4tY</p> <p>Khan Academy Kids https://khankids.zendesk.com/hc/en-us/articles/360004559231-Welcome-to-Khan-Academy-Kids</p>		

<p>Splash Math https://www.splashlearn.com/</p>		
<p style="text-align: center;">Grade 2</p> <p>www.zearn.org (Each student has an individual username and password)</p> <p>www.Reflexmath.com/go (Each student has an individual username and password)</p> <p>Scholastic https://classroommagazines.scholastic.com/support/learnathome.html</p> <p>www.readworks.org/student (Student enters their code and password)</p> <p>Nature Boom Time https://kids.nationalgeographic.com/videos/nature-boom-time/#/656723011905</p>		
<p style="text-align: center;">Grade 3</p> <p>For math and literacy skills practice https://www.ixl.com/</p> <p>https://xtramath.org/#/home/index</p> <p>https://www.khanacademy.org/math/cc-third-grade-math</p> <p>https://www.reflexmath.com/</p> <p>https://mysteryscience.com/school-closure-planning</p> <p>https://jr.brainpop.com</p> <p>National Center on Improving Literacy https://myemail.constantcontact.com/resources-for-when-your-child-can-t-go-to-school.html?soid=11277225926505&aid=2FurlgsGz0g</p>		

Grade 4

<https://www.reflexmath.com/>

<https://www.khanacademy.org/math/cc-fourth-grade-math>

www.zearn.org

(Each student has an individual username and password)

Prodigy

<https://www.prodigygame.com/>

Scholastic News

<https://sn4.scholastic.com/home-page-logged-out.html>

Generation Genius

<https://www.generationgenius.com/>

(SEL)Smiling Minds

<https://www.smilingmind.com.au/education>

<p>Grade 4</p> <p>https://www.reflexmath.com/</p> <p>https://www.khanacademy.org/math/cc-fourth-grade-math</p> <p>www.zearn.org</p> <p>(Each student has an individual username and password)</p> <p>Prodigy</p> <p>https://www.prodigygame.com/</p> <p>Scholastic News</p> <p>https://sn4.scholastic.com/home-page-logged-out.html</p> <p>Generation Genius</p> <p>https://www.generationgenius.com/</p> <p>(SEL)Smiling Minds</p> <p>https://www.smilingmind.com.au/education</p>		